## WHAT IS FIRST LOVE

## **FOREWORD**

Adolescence is marked by many physical, emotional, and social transitions, but perhaps the one that I find most profound and intriguing is that as a young person moves from childhood into adolescence, they experience a brand-new emotion-romantic love.

At some point, almost everyone feels that heartbreaking pull towards someone they find hopelessly alluring during adolescence. And the novelty of the emotion makes it simultaneously feel attractive, arousing, threatening, and terrifying. There are reasons that philosophers, writers, scientists, artists, adolescents themselves, and many others have spent hours trying to unlock and articulate the mysteries of love and more specifically, first love.

## **FOREWORD**

When we launched Adolescents 360 in Nigeria and delved into exploring what was on the minds and in the hearts of 15-19-year-old young women, it was no surprise that they were also on the quest to answer the age-old question "what is love?". In Nigeria, there seemed to be a specific urgency for young women to answer this question. Through their narratives, young women described a world where love and security were sparse. They reported that they had few people in their lives who they trusted and lacked support from parents, friends, and teachers. They had few places in their world where they felt safe. In this context, finding love—and the accompanying feelings of trust, support, and safety—feels both particularly elusive and intriguing.

When given the opportunity to ask a trusted source the questions in their hearts, young women released a flood of questions about love, sex, relationships, and reproduction. The questions sounded very similar to those that I have heard young women ask in many different contexts. Some of their questions have clear, factual answers. And some ask the same questions that scholars have been pondering for eons. What is captured here in this book is a sample of those profound questions.

These questions inspired our team to create 9ja Girls, a new program for adolescent girls in Nigeria, which provides answers when possible, and when not, (perhaps more importantly) offers a safe space for girls to find a personal answer.

Dr. Ahna Suleiman University of California, Berkeley Center on the Developing Adolescent

Can I achive what I wanted to became in the nearest fu ture atthe age of 22 years old. Can a giri 0# 1948 have a boy Friend.

Aunty fermy z why did tou say teat we should free with grute and theing teat is boder ing us than twe should relight, because I don't kell for equity and bold expectably my man, Itello!!

What the right age for a woman to get married.

Plase!!!!

Why do girls think dat it is breast and Ass dat improves boy 2 dem



Like you and your

box priend have a

misuderstanding and your

are at post and your

box friend is siding your

friend because you are

at fort and he is also

aduising you. 13 H 2000

Like 15 Years that do
not have breast 1 want
to ask why

like Your now your friend how Breast more that you and youdid not now what will the Person do

OR

and revery body is Call kny you and you and you sire said

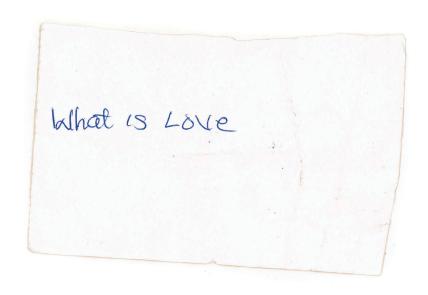
Deleging more romance novel.

Delhen reading a romance novel does, arouse or can securally?

It arouse a person securally?

Thy career makes me bothered 1) movey 2) Rad results the can reach my goals

to your preyn-ant corry? want to be speed-at i contition

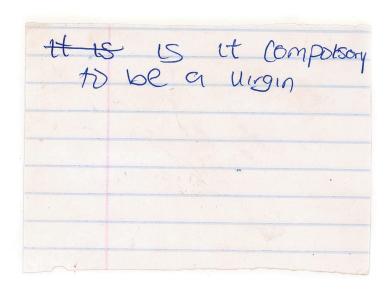


is a guy tell you that he will want for you does he meant true love

To it good to have more than none bojorisma.

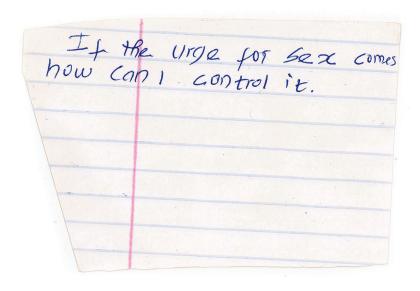
how will god know if and how will you know if the felling (S true.

What if you have a crush on a guy and the guy has a girl friend and you are really sulvey with the guy, what void you do about it.



- What do you do when you have of boy Friend and you still find other boys that attack you?

He sed he loves me and he also love sex and 1 also love him but still a virgin. What should I do? When you are in love with a guy, but he don't love you back, maybe he is just like a priend to you. It is proper to tell him?



If a gal loves a gul and the guy sed he also loves the guy and the guy is asking for sex but show not ready to have sex because show still a virgin. What should she do? and she do? and she doesn't want to breakup with the guy.

IS It possible for a girl to love more than one guy.

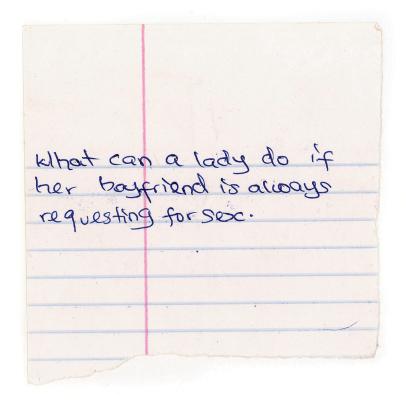
An in love with a guy but he cloesn't fives me attention

O what do I do?

Itried sex once and now ithink am an addict what do I do

to stop to.

What Can you do if your boyfriend tells you he is docting another person and that he loves you more than the girl and he wants you strive to be in a relationship with him?



What if you are a virgin and your boythend said he count to have sex with you and you use Condom are a still a virgin

why did boy use to to have Sec

If he wards to have sex with me and I don't agree with it he might force or rape me what should I

If you don't what to kiss him when he want to kiss what does that mean Why do some gujs
ask a girl for see
in a relation thip.

And if a girl refuse
his demand: He would
tell you that you don't
love him and he would
want to break-up
with you.

the guy Loves you too then you chocet con him with an other guy and because of dit e bnoke up with you but you never did it intentional (charted on him). Is it right for the guy to Lowe the girl. Is

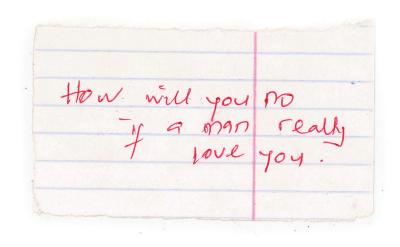
13 it right for me to do what a boy (boy friend) what want me to do what if he gets angry and starts Ignoring me should I wait for him or go on with my life.

this you have a boy-friend and his is asking you for SEX what will you do. of when is it right for a girll to have SEX (with who she (046,2) I when you start felling pain under your abdomen, whiled

they is a guy who dis vergins me and plan to marry me and later told me is not Intrested in the relationship any more. (60 Johns I trance)

1 If you wants to self a relationship How would you stop &?
2 and also If your boyfrised is threating to kill you when you say that you are afternoon barrested, what will you do?

o Bits good to have sex writh a guy even when a don't want to but sust to please the guy (or you love him, o it your boyfriend boots you cor he wants to make lake with eye



If you are entering tour class and there are 3 boy there and one boy hold tour hand and sasel there going to rape Why is that some people they will not get pregnancy and some will get pregnancy why is that a girl naving a menstration from may 27 to June 3, whost is the reason

At anytime, U are with your Boyfriend and he is demanding Sex forom you. How can I stop him CI don't want to)

If My boughiered ask me to have sex with him but i fagets rejects and say No, but then he gets angry and say i don't Love him, and i do not zare about him, and won't talk to me, What should i do?

what if my boy
frend has another
girlfriend what
can I do

If you saw Min with Other girls and you feel bad about it should you like hit the girl or what.

take a girl for

ganted after sex

for lig after promiseing

marriage but outler

marriage they leave

the girl alone.

if of boy wants 2 have sex dey don't use zondom, but the girls do. and is they do of boys get angry why?

15 It right for a younggirl to date a married man. to press a girl breast

to press a girl breast

the can a girl or boy date

somene in a far distance

the when a boy and a girl

really love themselves

thow can they keep the

relationship

Librat if in a Case
Libere you love a guy
but you are not sure if he
loves you because you are
not Friends and you don't
talk to each other, how Can
you Find out if he loves
you or not.

If a girl is in danger and you want to rescue her can cau to rescue her

If you are in love with a Person a agent love for that person can you die for the Person can because op one



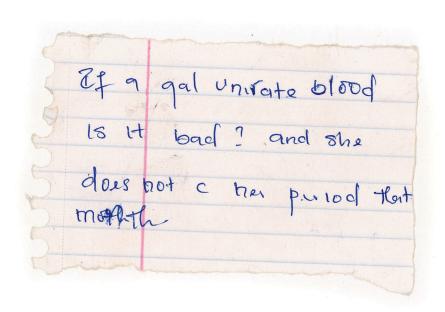
## ON HEALTH

l fool so complicated whenever i mensionating Peel drawn to coops

Mor phease if yourand
15 fifteen years d, d
and you have not start
menstrations and
Puberty and is to
bad

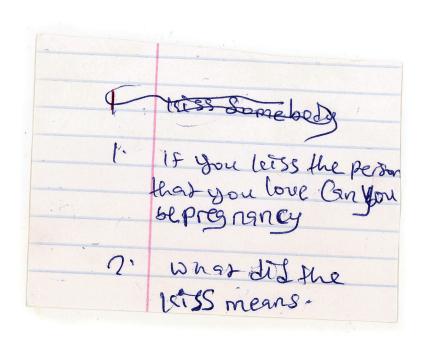
What if you comprain to four mother about your menstrual pain and she should at you what would you do.

How can we take care
Of ourself mestraution.

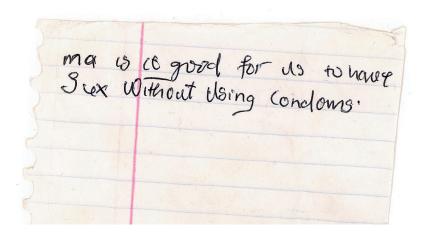


of your Cycle is or few days late what should you When you are menstrug ting can you have a boy Friend or mon Friend

if Someone is menstructing and have sex with a man will she get Pregnant



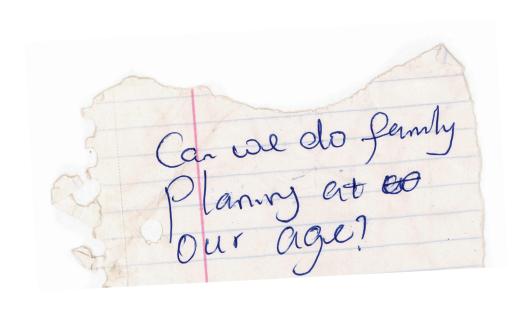
my firend say That If I have have Sex with a boy of then &
That 14 with most pregnancy that 1
Should us Salt and water 15 1t tuer

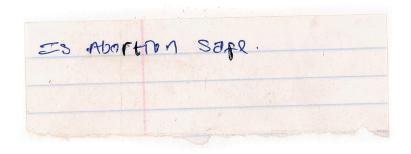


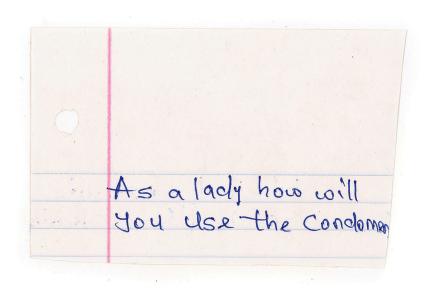
If a got had oral sex and the guy releases inside her mouth and she swanows it can she get pregnant?

Pls ma, My boyfriend had Sex with me, but he used a condom which I even inserted on his penis myself but I don't know how I got pregnant. the clay before your Older or orallows will you teste

What If a boy have sex with a gon'l and she get Pregnant and go to the doctor and abort it what well happen to the girl

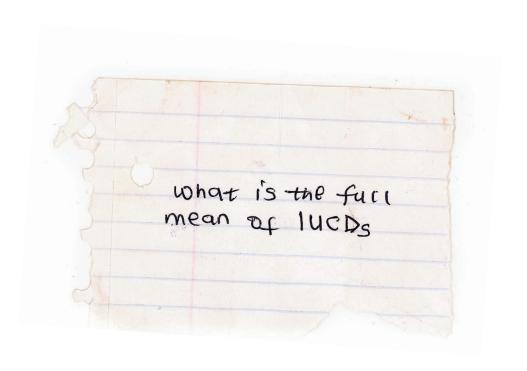






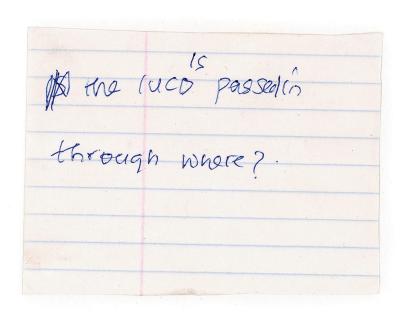
How Can we prevent our self from STI

energency Pills, Pls mas offer three days without somes using the Pills what are the other method can some I use.



what does It Look like using condoms when having Sex?

15 Condoms 100% Swe 18 a Juy 18 always a clamy for seac and it refuse and he 19 eeps disburing you what will you do





Sorry ma, Some people Said that Sperm, 8 gnd t d body. It is true or False. What one the Sidelifets
of Tuco and Jarlelle,

is she aborting of using it for safety.

I am 13 years obf If I Should Vist a hopitials to take up any previent pregnancy method will they let take or will they say no I am two young thank you.

\* (f use stop the method for having unus southed pregnancy win 2/80 making is the leader of tomanow

























## **ABOUT 9JA GIRLS**

9ja Girls seeks to revolutionize the way adolescent girls access sexual & reproductive health services in Nigeria.

9ja Girls is an integrated system—co-designed with girls—that puts girls' needs at the center and leverages cross-sectoral partnerships to ensure sustainability and scale.

9ja Girls is founded on the principle that adolescent girls need safe spaces where they can gain vocational skills; learn about love and healthy relationships; and access sexual and reproductive healthcare services. These skills for life, love & health help girls achieve their goals and succeed in life.

Our goal is to make contraception relevant and accessible for girls.

To learn more, visit www.9jaGirls.com.









