

WHAT IS FIRST LOVE

FOREWORD

Adolescence is marked by many physical, emotional, and social transitions, but perhaps the one that I find most profound and intriguing is that as a young person moves from childhood into adolescence, they experience a brand-new emotion—romantic love.

At some point, almost everyone feels that heartbreaking pull towards someone they find hopelessly alluring during adolescence. And the novelty of the emotion makes it simultaneously feel attractive, arousing, threatening, and terrifying. There are reasons that philosophers, writers, scientists, artists, adolescents themselves, and many others have spent hours trying to unlock and articulate the mysteries of love and more specifically, first love.

FOREWORD

When we launched *Adolescents 360* in Nigeria and delved into exploring what was on the minds and in the hearts of 15-19-year-old young women, it was no surprise that they were also on the quest to answer the age-old question “what is love?”. In Nigeria, there seemed to be a specific urgency for young women to answer this question. Through their narratives, young women described a world where love and security were sparse. They reported that they had few people in their lives who they trusted and lacked support from parents, friends, and teachers. They had few places in their world where they felt safe. In this context, finding love—and the accompanying feelings of trust, support, and safety—feels both particularly elusive and intriguing.

When given the opportunity to ask a trusted source the questions in their hearts, young women released a flood of questions about love, sex, relationships, and reproduction. The questions sounded very similar to those that I have heard young women ask in many different contexts. Some of their questions have clear, factual answers. And some ask the same questions that scholars have been pondering for eons. What is captured here in this book is a sample of those profound questions.

These questions inspired our team to create *9ja Girls*, a new program for adolescent girls in Nigeria, which provides answers when possible, and when not, (perhaps more importantly) offers a safe space for girls to find a personal answer.

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ON LIFE

Can I achieve what
I wanted to become
in the nearest fu-
ture at the age of
22 years old.

Can a girl of 19 yrs
have a boy friend.

Auntie funnyz why did you
say that we should free
with out anything
is bothering us that we should
tell you. because I don't sell
free with any ~~body~~ especially
my mom.

Hello !!

What the right
age for a woman
to get married.

Please!!!!

Why do girls think
dat it is breast and ass
dat impiores boy 2 dem

Is Harlem sex
before marry a
Crime

Like you and your
~~best~~ friend have a
misunderstanding and you
are at fault and your
boyfriend is siding your
friend because you are
at fault and he is also
advising you. is it good

~~Why~~ I have seen
like 15 years that do
not have breast I want
to ask why

like you now your friend
has breast more ~~than~~ ^{than} you
and you'd not know what will
the person do

OR

and everybody is calling
you and you've said
~~what~~ what will you do

① ~~Reading~~ ~~the~~ romance novel

① When reading a romance novel does ^{it} arouse or can it arouse a person sexually?

My career makes me bothered

1.) Money

2.) Bad results

So How can I overcome it?

How can I reach my goals

♂
I don't want
to get pregn-
ant early &
want to be speci-
al, ♀ don't know

ON LOVE

What is Love

is a guy tell you that
he will wait for you
does he meant true love

- Is it good to have more than
one boyfriend.

How will you know if
a guy loves you or not and
how will you know if the
feeling is true.

What if you have a
crush on a guy and
the guy has a girlfriend
and you are really in love
with the guy, what will
you do about it.

~~It is~~ is it compulsory
to be a virgin

- What do you do when you have a boyfriend and you still find other boys that attract you?

He sed he loves me and
he also love sex and i also
love him but still a virgin.
What should i do?

When you are in love with a
guy, but he don't love you back,
maybe he is just like a friend
to you. It is proper to tell him?

If the urge for sex comes
how can I control it.

If a gal loves a guy and the guy sed he also loves the gal and the guy is asking for sex but she not ready to have sex because she still a virgin. what should she do? and she doesn't want to breakup with the guy.

IS it possible for a girl to love
more than one guy.

Am in love with a guy but
he doesnt gives me attention

what do i do?

I tried sex once and now i think
am an addict what do i do
to stop it.

What can you do if your boyfriend tells you he is dating another person and that he loves you more than the girl and he wants you still to be in a relationship with him??

What can a lady do if
her boyfriend is always
requesting for sex.

What if you are a virgin and your
boyfriend said he want to have sex
with you and you use Condom are u
still a virgin

7

why did boy use to
force ^{Girls} somebody
to
have
sex

If he wants to have sex
with ~~me~~^{a girl} and i don't agree
with it he might force or
rape me what should i
do to him .

If you don't want
to kiss him when he
wants to kiss what does
that mean.

Why do some guys
ask a girl for sex
in a relationship.

And if a girl refuse
his demand. He would
tell you that you don't
love him and he would
want to break-up
with you.

What if you have a guy and
the guy loves you too, then
you cheat on him with an
other guy and because of dat
e broke up with you but you
never did it intentional (chea-
ted on him). Is it right for
the guy to leave the girl. Is
that really love.

①
is it right for me to do what
a boy (boyfriend) want me to do
@ what if he gets angry and starts
ignoring me should I wait for him or
go on with my life.

Q If you have a boy-friend
and his is asking you
for SEX what will you do.

Q When is it right for a girl
to have SEX (with who she
love's)

Q When you start feeling pain
Under your abdomen. what

There is a guy who
diverged me and plan
to marry me and later
told me is not interest-
ed in the relationship
any more.

(what I should do).

1 If you wants to stop
a relationship, How
would you stop it?

2 and also if your
boyfriend is threatening
to kill you when you
say that you are ~~not~~ more
interested, what will you
do?

① ~~It's~~ good to have sex
with a guy even when
u don't want to but
just to please the guy
cos you love him.

② if your boyfriend beats
you cos he wants to
make love with you
and called it love

How will you no
if a man really
love you.

If you are entering
your class and there
are 3 boy there
and one boy hold
your hand and say
we're going to rape

①
Why is that some people
they will rape them but
they will not get pregnancy
and some will get pregnancy

②
Why is that a girl having
a menstration from may 27
to June 3,
what is the reason

At anytimes U are with
your Boyfriend and he is
demaneling Sex forom you.
How can I stop him (I dont
want to)

If my boyfriend ask me to have sex with him, but i ~~regets~~ rejects and say No, but then he gets angry and say i don't love him, and i do not care about him, and won't talk to me, What should i do?

~~What if my boy-
friend has a girl-
friend~~

What if my boy
friend has another
girlfriend what
can I do

if you saw him with
other girls and you feel
bad about it should you
like hit the girl or what -

Why does guy
take a girl for
wanted after sex
for P.g after promising
marriage But after
marriage they leave
the girl alone.

if a boy wants 2
have sex dey don't
use condom, but the
girls do. and if they
do d boys get angry
why?

Is it right for a young girl
to date a married man.

* is it good for a guy
to press a girl breast
* can a girl or boy date
someone in a far distance
* when a boy and a girl
really love themselves
how can they keep the
relationship

What if in a case
where you love a guy
but you are not sure if he
loves you because you are
not friends and you don't
talk to each other, how can
you find out if he loves
you or not.

If a girl is in danger and
you want to rescue her
can we get a contact we
can call to rescue her

if you are in love with a
Person a deep love for that
Person can you die for
the Person all because of love

What do I do when I love
a boy

I feel so complicated
whenever I'm menstruating
I feel drawn to boys
and I feel pain too

ma please if you are
15 fifteen years old
and you have not start
menstrations and
puberty ~~and~~ is it
bad

What if you complain to
your mother about your
menstrual pain and she
shouts at you

what would you
do.

How can we take care
of ourself ~~and~~ ~~by~~
when doing mestruction.

If a gal urinate blood
is it bad? and she
does not c her period that
month

If your cycle is
a few days late
what should you
do

When you are menstruating can you have a boy friend or man friend

if someone is menstruating
and have sex with a
man will she get Pregnant-

~~1. Kiss somebody~~

1. If you kiss the person that you love Can you be pregnancy

2. What did the kiss means.

my friend say that if I ~~later~~
have sex with a boy ~~if I have~~
that ~~if I have~~ ~~not~~ pregnancy that I
should us salt and water is it
true

ma is so good for us to have
Sex without using condoms.

If a girl had oral sex and
the guy releases inside her
mouth and she swallows it
can she get pregnant?

Pls ma, My boyfriend had
sex with me, but he used
a condom which I even
inserted on his penis myself
but I don't know how
I got pregnant.
pls ma

+ I learnt that the sperm stays
in the body for 7 days, if
so what if you had sex
the day before your ovula-
tion period or 3 days before
or ovulation, will you get
in?

What if a boy have sex
with a girl and she get
Pregnant and go to the doctor
and abort it what will happen
to the girl

Can we do family
Planning at ~~so~~
our age?

IS ABORTION SAFE.

As a lady how will
you use the Condomen

How Can we prevent our
self from STI

Ellen without the
emergency pills, Pls me
after three days without
some using ~~the~~ Pills
what are the other method
can some I use.

what is the full
mean of IUCDs

what does it look like
using condoms when
having sex?

IS Condoms 100% Sure
If a guy is always asking
for sex and u refuse and
he keeps disturbing you
what will you do

~~Q~~ the CuCO_3 ^{is} passed in

through where?

but I don't know
but condoms are
not 100% secured

Sorry ma, some people
said that sperm is god
of body. It is true or
False.

What are the side effects
of IUCD and IUDs

If a girl uses this method,
is she aborting or using it
for safety.

I am 15 years old. If I should
visit a hospital to take up any
prevent pregnancy method
will they let take or will
they say no I am too young

Thank you.

* If we stop the method for
having unwanted pregnancy will
it affect us.

* thanks for teaching us &
also making us the leader
of tomorrow

























ABOUT 9JA GIRLS

9ja Girls seeks to revolutionize the way adolescent girls access sexual & reproductive health services in Nigeria.

9ja Girls is an integrated system—co-designed with girls—that puts girls' needs at the center and leverages cross-sectoral partnerships to ensure sustainability and scale.

9ja Girls is founded on the principle that adolescent girls need safe spaces where they can gain vocational skills; learn about love and healthy relationships; and access sexual and reproductive healthcare services. These skills for life, love & health help girls achieve their goals and succeed in life.

Our goal is to make contraception relevant and accessible for girls.

To learn more, visit www.9jaGirls.com.



TRIGGERISE

