

**Referred to as:**

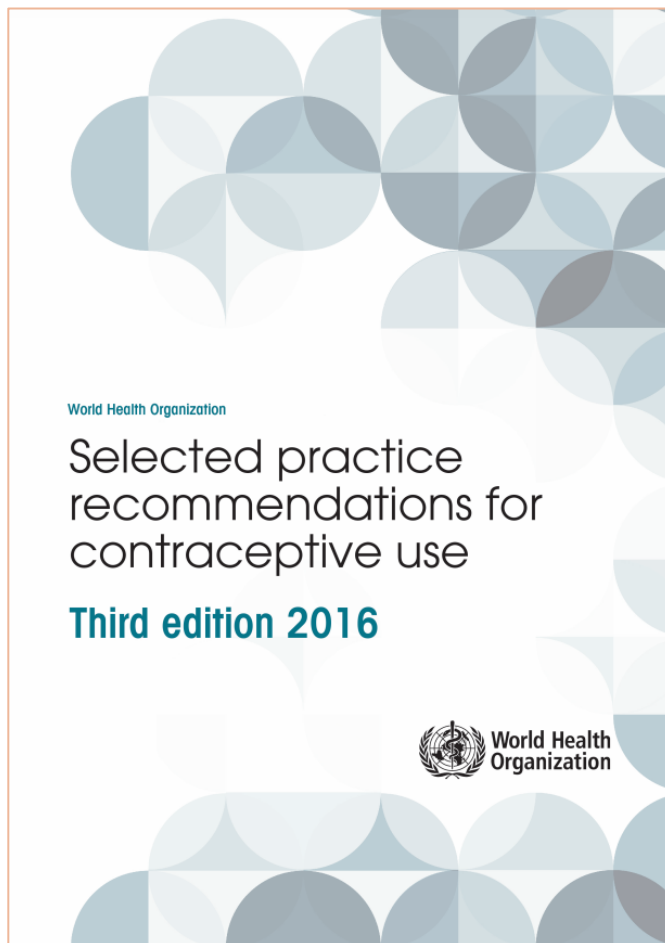
- “LNG-ECP” - for emergency use

**Timing:**

- Not called out explicitly

**Frequency of use:**

- “There are no restrictions on repeated use for...LNG for ECPs (MEC Category 1)”  
(*Grade assessment quality = very low*)
- “Clarification: Repeated ECP use is an indication that the woman requires further counselling on other contraceptive options. Frequently repeated ECP use may be harmful for women with conditions classified as Category 2, 3 or 4 for combined hormonal contraception (CHC) or POC use”



**Referred to as:**

- “LNG-ECP” - for emergency use. Included in chapter 7.5 Emergency Contraception

**Timing:**

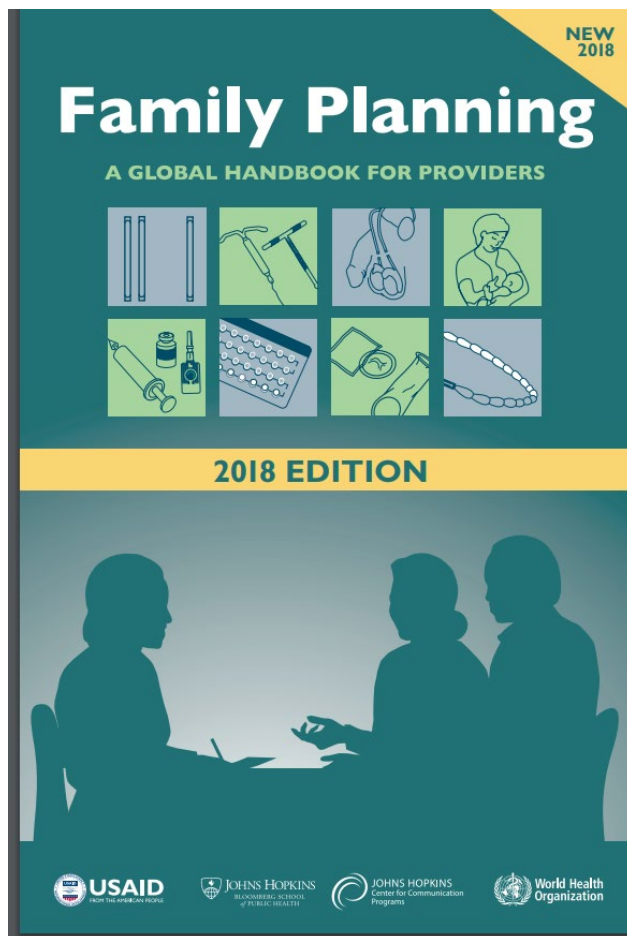
- “as early as possible after intercourse up to 120 hours”  
(*Grade assessment quality = low, strength of recommendation = strong, new recommendation 4.1*)

**Provision of an advance supply of ECPs:**

- “An advance supply of ECPs may be given to a woman to ensure that she will have them available when needed and can take them as soon as possible after unprotected intercourse.”
- “[...] an advance supply cannot be given in some countries, and, in those circumstances, an advance prescription may be given. The GDG reviewed evidence that a woman is more likely to use ECPs after unprotected intercourse if she has been given an advance supply and that providing an advance supply does not affect contraceptive use patterns, increase the frequency of ECP use, or increase the frequency of unprotected intercourse”

## WHICH GUIDELINES CHANGES MIGHT BE POSSIBLE?

# Overview of WHO guidelines related to LNG 1.5mg: 2018 FP Global Handbook for Providers



### Referred to as:

- “ECPs” - for emergency use but advises offering an advanced supply

### Timing:

- “morning after”, “post-coital”, “up to 5 days after unprotected sex” “the sooner the better”

### Frequency:

- If needed, ECPs can be taken again, even in the same cycle. A woman who needs ECPs often may want to consider a longer-acting and more effective family planning method.
- A woman can use ECPs whenever she needs them, even more than once in the same cycle. However, relying on ECPs as an ongoing method should not be advised. It is not certain that ECPs, taken every time after sex, would be as effective as regular, continuing methods of contraception. Also, women who often take ECPs may have more side effects. Repeated use of ECPs poses no known health risks. It may be helpful, however, to screen women who take ECPs often for health conditions that can limit use of hormonal contraceptives.